

THURSDAY, OCTOBER 9, 2025 | 6:30 A.M.

Default Mode

David H. McKinley

"NoWhere Man"

He's a real nowhere man Sitting in his nowhere land Making all his nowhere plans for nobody

> Doesn't have a point of view Knows not where he's going to Isn't he a bit like you and me?

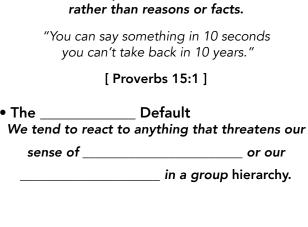
> > —The Beatles, 1965

"A default in information technology (IT) refers to a pre-set configuration or setting that a system or software program will revert to if no changes are made. It just goes back to the same place and does the same thing again."

1. The Living in Default Mode

"Default Mode is a state where life runs on autopilot, shaped by routines and social expectations rather than conscious choices. In this mode, you may feel neither the intense urgency of survival mode nor the intentional drive of higher stages. Instead, you simply follow familiar habits, often focusing on short-term tasks without questioning why. Triggers for default mode can include long periods of comfort or a desire to "fit in," where you avoid risks and deeper exploration. Compared to survival mode, default mode offers more stability, yet it can also stall personal growth if vou remain unaware of what truly motivates vou."

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• The	Default
We tend to respo rather tha	nd to an reasons or facts.
	omething in 10 seconds ake back in 10 years."
[Pro	overbs 15:1]
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• The	Default
We tend to r rathe	respond toer than reasons or facts.
	say something in 10 seconds an't take back in 10 years."
	[Proverbs 15:1]
	Default act to anything that threatens our
sense of	or our

in a group hierarchy.

[1 Corinthians 10:12]

"The Gray Man blends in. He avoids extremes. He never wants to be "that guy." His motto is, 'Let's just keep the peace.' He confuses niceness with righteousness and thinks being liked is being faithful. He doesn't shout or sin spectacularly. He just disappears when it counts. He's not fighting for his home. He's outsourcing discipleship. He's silent at work, passive a church, and emotionally distant at home. And the next generation is being raised in that silence." —Virgil Walker

• The _____ Default

	to the norms group setting.		
"Where all think alike, no one thinks very much." —Walter Lippman			
[Proverb [1 Corinthi	-		
	ed by the loudest voice, lf." —Charlie Kirk		
• The	Default		
	o resist change and sses and environments		
	s to stay in motion and a ds to stay at rest." c Newton		
2. The			
[Prover	·bs 6:6]		
[Prov. 6:9; 10:26; 13:4; 1	15:9; 20:4; 19:24; 26:16]		
"Plough deep while —Benjam	e sluggards sleep." in Franklin		
every moment of it. No no procrastination: nev	; snatch, seize, and enjoy o idleness, no laziness, ver put off till tomorrow v!"—Lord Chesterfield		
	row what you can put off norrow just as well." < Twain		
3. The			

[Proverbs 21:25]

"Every day you have the choice to live your life consciously, intentionally or to just settle for what shows up."

[Proverbs 119:25-32]

[1 Corinthians 10:12]

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• The		Default		
We tend to of o	our larger group	to the norms setting.		
	e all think alike, n much." —Walter			
	[Proverbs 18:	24]		
[1 Corinthians 15:33]				
	t determined by t reality itself." —	the loudest voice, Charlie Kirk		
• The		Default		
We're	forming a	nd		
seeking. We tend to resist change and to prefer ideas, processes and environments that are familiar.				
•	notion tends to st at rest tends to si —Sir Isaac New	,		
2. The				

[Prov. 6:9; 10:26; 13:4; 15:9; 20:4; 19:24; 26:16]

"Plough deep while sluggards sleep."
—Benjamin Franklin

[Proverbs 6:6]

"Know the value of time; snatch, seize, and enjoy every moment of it. No idleness, no laziness, no procrastination: never put off till tomorrow what you can do today!"—Lord Chesterfield

"Never put off till tomorrow what you can put off till the day after tomorrow just as well."

—Mark Twain

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