



.001.tiff .002.tiff

"A DEFAULT IN INFORMATION TECHNOLOGY (IT) REFERS TO A PRE-SET CONFIGURATION OR SETTING THAT A SYSTEM OR SOFTWARE PROGRAM WILL REVERT TO IF NO CHANGES ARE MADE. IT JUST GOES BACK TO THE SAME PLACE AND DOES THE SAME THING AGAIN."

I. THE STRUGGLE LIVING IN DEFAULT MODE

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"DEFAULT MODE IS A STATE WHERE LIFE RUNS ON AUTOPILOT, SHAPED BY ROUTINES AND SOCIAL EXPECTATIONS RATHER THAN CONSCIOUS CHOICES. IN THIS MODE, YOU MAY FEEL NEITHER THE INTENSE URGENCY OF SURVIVAL MODE NOR THE INTENTIONAL DRIVE OF HIGHER STAGES. INSTEAD, YOU SIMPLY FOLLOW FAMILIAR HABITS, OFTEN FOCUSING ON SHORT-TERM TASKS WITHOUT QUESTIONING WHY. TRIGGERS FOR DEFAULT MODE CAN INCLUDE LONG PERIODS OF COMFORT OR A DESIRE TO 'FIT IN,' WHERE YOU AVOID RISKS AND DEEPER EXPLORATION. COMPARED TO SURVIVAL MODE, DEFAULT MODE OFFERS MORE STABILITY, YET IT CAN ALSO STALL PERSONAL GROWTH IF YOU REMAIN UNAWARE OF WHAT TRULY MOTIVATES YOU."

THE EMOTION DEFAULT

We tend to respond to feelings rather than reasons or facts.

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"YOU CAN SAY SOMETHING IN 10 SECONDS YOU CAN'T TAKE BACK IN 10 YEARS."

A SOFT ANSWER TURNS AWAY WRATH, BUT A HARSH WORD STIRS UP ANGER. —PROVERBS 15:1

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• THE EGO DEFAULT

We tend to react to anything that threatens our sense of self-worth or our position in a group hierarchy.

THEREFORE LET ANYONE WHO THINKS THAT HE STANDS
TAKE HEED LEST HE FALL. —I CORINTHIANS 10:12

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"THE GRAY MAN BLENDS IN. HE AVOIDS EXTREMES.

HE NEVER WANTS TO BE 'THAT GUY.'

HIS MOTTO IS, 'LET'S JUST KEEP THE PEACE.'

HE CONFUSES NICENESS WITH RIGHTEOUSNESS

AND THINKS BEING LIKED IS BEING FAITHFUL.

HE DOESN'T SHOUT OR SIN SPECTACULARLY.

HE JUST DISAPPEARS WHEN IT COUNTS.

HE'S NOT FIGHTING FOR HIS HOME.

HE'S OUTSOURCING DISCIPLESHIP.

HE'S SILENT AT WORK, PASSIVE AT CHURCH,

AND EMOTIONALLY DISTANT AT HOME.

AND THE NEXT GENERATION IS BEING RAISED

IN THAT SILENCE." —VIRGIL WALKER

THE SOCIAL DEFAULT

We tend to conform to the norms of our larger group setting.

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"WHERE ALL THINK ALIKE, NO ONE THINKS VERY MUCH." —WALTER LIPPMAN

A MAN OF MANY COMPANIONS MAY COME TO RUIN, BUT THERE IS A FRIEND WHO STICKS CLOSER THAN A BROTHER. —PROVERBS 18:24

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DO NOT BE DECEIVED: "BAD COMPANY RUINS GOOD MORALS." —I CORINTHIANS 15:33

"TRUTH IS NOT DETERMINED BY THE LOUDEST VOICE,
BUT BY REALITY ITSELF." —CHARLIE KIRK

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• THE INERTIA DEFAULT

We're habit forming and comfort seeking. We tend to resist change and to prefer ideas, processes and environments that are familiar. "A BODY IN MOTION TENDS TO STAY IN MOTION AND A BODY AT REST TENDS TO STAY AT REST."

—SIR ISAAC NEWTON

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2. THE SCRIPTURE

GO TO THE ANT, O SLUGGARD; CONSIDER HER WAYS, AND BE WISE. —PROVERBS 6:6

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HOW LONG WILL YOU LIE THERE, O SLUGGARD? WHEN WILL YOU ARISE FROM YOUR SLEEP? —PROVERBS 6:9

LIKE VINEGAR TO THE TEETH AND SMOKE TO THE EYES, SO IS THE SLUGGARD TO THOSE WHO SEND HIM. —PROVERBS 10:26

THE SOUL OF THE SLUGGARD CRAVES AND GETS NOTHING, WHILE THE SOUL OF THE DILIGENT IS RICHLY SUPPLIED. —PROVERBS 13:4

THE WAY OF A SLUGGARD IS LIKE A HEDGE OF THORNS, BUT THE PATH OF THE UPRIGHT IS A LEVEL HIGHWAY. —PROVERBS 15:9

THE SLUGGARD DOES NOT PLOW IN THE AUTUMN; HE WILL SEEK AT HARVEST AND HAVE NOTHING. —PROVERBS 20:4

THE SLUGGARD BURIES HIS HAND IN THE DISH AND WILL NOT EVEN BRING IT BACK TO HIS MOUTH. —PROVERBS 19:24

THE SLUGGARD IS WISER IN HIS OWN EYES THAN SEVEN MEN WHO CAN ANSWER SENSIBLY. —PROVERBS 26:16

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"PLOUGH DEEP WHILE SLUGGARDS SLEEP." —BENJAMIN FRANKLIN

"KNOW THE VALUE OF TIME; SNATCH, SEIZE, AND ENJOY EVERY MOMENT OF IT. NO IDLENESS, NO LAZINESS, NO PROCRASTINATION: NEVER PUT OFF TILL TOMORROW WHAT YOU CAN DO TODAY!" —LORD CHESTERFIELD

"NEVER PUT OFF TILL TOMORROW WHAT YOU CAN PUT OFF
TILL THE DAY AFTER TOMORROW JUST AS WELL."

—MARK TWAIN

3. THE SOLUTION

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"THE DESIRE OF THE SLUGGARD KILLS HIM, FOR HIS HANDS REFUSE TO LABOR." —PROVERBS 21:25

"IF YOU CHOOSE NOT TO DECIDE, YOU STILL HAVE MADE A CHOICE." —NEIL PEART

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"I'M FEELING TERRIBLE—I COULDN'T FEEL WORSE!
GET ME ON MY FEET AGAIN. YOU PROMISED, REMEMBER?
WHEN I TOLD MY STORY, YOU RESPONDED;
TRAIN ME WELL IN YOUR DEEP WISDOM.
HELP ME UNDERSTAND THESE THINGS INSIDE AND OUT
SO I CAN PONDER YOUR MIRACLE-WONDERS.
MY SAD LIFE'S DILAPIDATED, A FALLING-DOWN BARN;
BUILD ME UP AGAIN BY YOUR WORD. BARRICADE THE ROAD THAT
GOES NOWHERE; GRACE ME WITH YOUR CLEAR REVELATION.
I CHOOSE THE TRUE ROAD TO SOMEWHERE, I POST YOUR ROAD SIGNS
AT EVERY CURVE AND CORNER. I GRASP AND CLING TO
WHATEVER YOU TELL ME; GOD, DON'T LET ME DOWN!
I'LL RUN THE COURSE YOU LAY OUT FOR ME IF YOU'LL
JUST SHOW ME HOW." —PSALM 119:25-32 (MSG)