"THE SMALL CHOICES AND DECISIONS WE MAKE
A HUNDRED TIMES A DAY ADD UP TO DETERMINING
THE KIND OF WORLD WE LIVE IN."
—HAROLD KUSHNER

"SUCCESS IN LIFE DOES NOT DEPEND ON THE DREAMS YOU DREAM BUT THE CHOICES [DECISIONS] YOU MAKE."

—GEORGE SWEETING

.001.tiff .002.tiff

"YOU ARE NOT A VICTIM OF YOUR CIRCUMSTANCES,
BUT YOU ARE THE OUTCOME OF YOUR
CHOICES AND DECISIONS."

"TELLING YOURSELF A POSITIVE STORY DOES NOT ENSURE A GOOD OUTCOME, BUT TELLING YOURSELF A BAD ONE OFTEN GUARANTEES A BAD ONE."

—SHANE PARRISH

.003.tiff .004.tiff

BLAME YOU B-LAME!

"I HAVE NEVER MET A MAN WHO HAS GIVEN ME AS MUCH TROUBLE AS MYSELF."

—D.L. MOODY

.005.tiff .006.tiff

THE ILLUSTRATION

JOSEPH GENESIS 37-40 VS DAVID I SAMUEL 16-2; SAMUEL 24

MEET THEM AS TEENS

- WATCH THEM FACE CHALLENGES
- CELEBRATE THEIR SUCCESSES
- OBSERVE THEIR TEMPTATIONS
- TRACE THEIR OUTCOMES

.007.tiff .008.tiff

6SO HE LEFT ALL THAT HE HAD IN JOSEPH'S CHARGE,
AND BECAUSE OF HIM HE HAD NO CONCERN ABOUT
ANYTHING BUT THE FOOD HE ATE.
NOW JOSEPH WAS HANDSOME IN FORM AND
APPEARANCE. 7AND AFTER A TIME HIS MASTER'S WIFE
CAST HER EYES ON JOSEPH AND SAID, "LIE WITH
ME." 8BUT HE REFUSED AND SAID TO HIS MASTER'S WIFE,
"BEHOLD, BECAUSE OF ME MY MASTER HAS NO
CONCERN ABOUT ANYTHING IN THE HOUSE, AND HE
HAS PUT EVERYTHING THAT HE HAS IN MY CHARGE.

9HE IS NOT GREATER IN THIS HOUSE THAN I AM, NOR HAS HE KEPT BACK ANYTHING FROM ME EXCEPT YOU, BECAUSE YOU ARE HIS WIFE. HOW THEN CAN I DO THIS GREAT WICKEDNESS AND SIN AGAINST GOD?" 10AND AS SHE SPOKE TO JOSEPH DAY AFTER DAY, HE WOULD NOT LISTEN TO HER, TO LIE BESIDE HER OR TO BE WITH HER.

-GENESIS 39:6-10

.009.tiff .010.tiff

'IN THE SPRING OF THE YEAR, THE TIME WHEN KINGS GO OUT TO BATTLE, DAVID SENT JOAB, AND HIS SERVANTS WITH HIM, AND ALL ISRAEL. AND THEY RAVAGED THE AMMONITES AND BESIEGED RABBAH. BUT DAVID REMAINED AT JERUSALEM. 2IT HAPPENED, LATE ONE AFTERNOON, WHEN DAVID AROSE FROM HIS COUCH AND WAS WALKING ON THE ROOF OF THE KING'S HOUSE, THAT HE SAW FROM THE ROOF A WOMAN BATHING; AND THE WOMAN WAS VERY BEAUTIFUL. 3AND DAVID SENT AND INQUIRED ABOUT THE WOMAN. AND ONE SAID, "IS NOT THIS BATHSHEBA, THE DAUGHTER OF ELIAM, THE WIFE OF URIAH THE HITTITE?"

4SO DAVID SENT MESSENGERS AND TOOK HER, AND SHE CAME TO HIM, AND HE LAY WITH HER. (NOW SHE HAD BEEN PURIFYING HERSELF FROM HER UNCLEANNESS.)
THEN SHE RETURNED TO HER HOUSE. 5AND THE WOMAN CONCEIVED, AND SHE SENT AND TOLD DAVID, "I AM PREGNANT."

-2 SAMUEL 11:1-5

.011.tiff .012.tiff

"SINCE NO MAN EVER CAN, OR COULD, LIVE BY HIMSELF OR FOR HIMSELF ALONE, THE DESTINIES OF THOUSANDS OF OTHER PEOPLE WERE BOUND TO BE AFFECTED, SOME REMOTELY, BUT SOME VERY DIRECTLY AND NEAR AT HAND, BY MY OWN CHOICES AND DECISION AND DESIRES, AS MY OWN LIFE ALSO BE FORMED AND MODIFIED ACCORDING TO THEIRS."

—THOMAS MERTON

THE INSTRUCTION

.013.tiff .014.tiff

I. CLARIFY YOUR VALUES

"DECISION MAKING IS EASY WHEN YOU
CLARIFY YOUR VALUES"
—ROY DISNEY

.015.tiff .016.tiff

J.C. RYLE'S 6 WAYS TO KNOW YOU'RE MAKING A BAD DECISION:

- **#I YOU AVOID INPUT FROM PEOPLE YOU RESPECT.**
- #2 YOU DON'T CONSULT THE WORD OF GOD.
- #3 YOU DON'T PRAY FOR GOD'S LEADING.
- #4 IT DOESN'T BUILD YOU SPIRITUALLY.
- **#5** IT UNDERMINES YOUR INTEGRITY.
- #6 IT LEADS YOU INTO TEMPTATION.

24DO YOU NOT KNOW THAT IN A RACE ALL THE RUNNERS RUN, BUT ONLY ONE RECEIVES THE PRIZE? SO RUN THAT YOU MAY OBTAIN IT. 25EVERY ATHLETE EXERCISES SELF-CONTROL IN ALL THINGS. THEY DO IT TO RECEIVE A PERISHABLE WREATH, BUT WE AN IMPERISHABLE. 26SO I DO NOT RUN AIMLESSLY; I DO NOT BOX AS ONE BEATING THE AIR. 27BUT I DISCIPLINE MY BODY AND KEEP IT UNDER CONTROL, LEST AFTER PREACHING TO OTHERS I MYSELF SHOULD BE DISQUALIFIED. —I CORINTHIANS 9:24-27

.017.tiff .018.tiff

2. IDENTIFY YOUR WEAKNESS

HUNGRY?

.019.tiff .020.tiff

ANGRY?

²⁶BE ANGRY AND DO NOT SIN; DO NOT LET THE SUN GO DOWN ON YOUR ANGER, ²⁷AND GIVE NO OPPORTUNITY TO THE DEVIL... ³¹LET ALL BITTERNESS AND WRATH AND ANGER AND CLAMOR AND SLANDER BE PUT AWAY FROM YOU, ALONG WITH ALL MALICE. —EPHESIANS 4:26-27;31

.021.tiff

.022.tiff

*BE SOBER-MINDED; BE WATCHFUL. YOUR ADVERSARY THE DEVIL PROWLS AROUND LIKE A ROARING LION, SEEKING SOMEONE TO DEVOUR. *RESIST HIM, FIRM IN YOUR FAITH, KNOWING THAT THE SAME KINDS OF SUFFERING ARE BEING EXPERIENCED BY YOUR BROTHERHOOD THROUGHOUT THE WORLD.

-I PETER 5:8-9

LONELY?

.023.tiff .024.tiff

3. QUALIFY YOUR FEARS TIRED? .025.tiff .026.tiff "DECISION IS A RISK ROOTED IN THE COURAGE "YOU ARE ONLY ONE DECISION FROM A OF BEING FREE" TOTALLY DIFFERENT LIFE "

.027.tiff .028.tiff

-PAUL TILLICH

—W. A. PETERSON

"DON'T GIVE UP GOOD CHARACTER FOR CHEAP PLEASURE."

.029.tiff